

Family Support Center

Resources

911

Non-emergency police dispatch

435-627-4300

Washington County Sheriff's Office

435-656-6500

Southwest Center SMRT:

(435)414-4362

DOVE Center Helpline

435-628-0458

Department of Children and Family Services

435-652-2960 (Local office)

Child Abuse Reporting Hotline

855-323-3237

211 Utah: FREE information referral via phone, text, chat, email, and phone app connecting families to community and state resources. 211utah available on Apple and Android. *Phone*: 2-1-1 *App*: 211utah
Text: text zip code to 898-211 www.211utah.org

Help Me Grow: FREE information line connecting families to community resources. The service includes referrals, developmental screening questionnaires, care coordination, and information on general child development and parenting topics. *Phone*: 801-691-5322 www.helpmegrowutah.org

Root for Kids: A child development program that serves low-income families who want to help their children become the best they can be. *Phone*: 435-673-5353 *Address*: 2044 Mesa Palms Drive St. George, Utah 84770 www.rootforkids.org

SUU Head Start Child Care and Preschool: SUU Head Start offers preschool services in southern Utah. Head Start classes meet 4 hours a day Monday through Thursday during the regular school year. Please call 1-800-796-6070 for more information. St. George office location (435) 628-5641 *Address*: 494 E. 900 S. St. George, Utah 84770 www.suu.edu/headstart/

Childcare Resource Center: Get assistance with finding childcare providers in your area who are licensed. *Phone*: (435)628-4843 or fill out a referral form on their website www.childcarehelp.org

Care about Childcare: Provides families looking for child care with profiles of childcare providers located throughout Utah. <https://careaboutchildcare.utah.gov/>

Kids in Care: The Kids in Care program helps fund childcare in emergency situations for unemployed parents. *Phone:* (801)326-4399 Please see website for more information www.cssutah.org/kids-in-care

Family Resource Center (WCSD): A collection of resources to help parents facilitate the academic, emotional and social development of toddlers through adolescents. Each offers print and digital materials to help parents develop additional parenting skills. In addition, they also offer games, activity sets, educational tools, and books for children. Resources may be checked out or used at the Family Resource Center. Contact Julie Wood. *Phone:* (435)673-8978 *Address:* 1795 W. 1230 N. St. George, Utah 84770 <https://dses.washk12.org/>

WCSD Student Support Services: Families and K-12 students facing homelessness, poverty or other socioeconomic challenges in the at-risk category can seek assistance and resources through the help of Mike Carr, the homeless liaison and student support services coordinator for the Washington County School District. *Phone:* (435)986-5167 *Address:* 121 Tabernacle Street. St. George, Utah 84770 www.washk12.org

WCSD Preschool and Special Education Preschool Department: Serves the preschool education needs of the students of Washington County. Special education preschool is available for any child who qualifies through the eligibility process. Please contact WCSD Preschool Department for more details on both. *Phone:* (435)673-1557 *Address:* 951 Brigham Road St. George, Utah 84790 www.washk12.org/preschool

Washington County School District: Serves the students of Washington County ages pre-k to 12th grade. *Phone:* (435)673-3553 *Address:* 121 W. Tabernacle, St. George, Utah 84770 www.washk12.org

Southwest Behavioral Health Center: A comprehensive mental health treatment provider; which provides outpatient services Monday through Friday. SWBHC accepts Medicaid and private insurance. *Phone:* (435) 634-5600 *Address:* 474 W. 200 N. St. George, Utah 84770 www.sbhbc.us

RRCI: Empowering People with Disabilities: Serves people of all ages with any type of disability. Children with disabilities between the ages of 5-13 are offered monthly activities and learning opportunities during the school year and can participate in a fun summer programs. *Phone:* (435) 673-7501 *Address:* 168 N 100 E #101, St. George, UT 84770 <https://www.rrci.org/>

Kids on the Move: Autism Center serves children from infancy through adolescence. They offer applied behavior analysis (ABA) therapy in-home, with a clinic coming soon! Our KOTM Respite Care Center in St. George provides care for children with special needs while their caregivers receive a break to relieve stress, renew energy, and restore balance. Volunteers help children with activities that include crafts, Play-doh, games, and a movie at the end of the night. Held one Friday night each month from 6 p.m. to 9:30 p.m. <https://kotm.org/>

Utah Behavioral Center: Services include: autism services, behavioral therapy, social skills, day treatment, mental health, psychological Evaluations, neurofeedback, and medication management. *Phone:* (801)255-5131 <http://utahbehaviorservices.com/>

Family Support Center

Utah Parent Center: The mission of the Utah Parent Center (UPC or Center) is to help parents help their children, youth and young adults with all disabilities to live included, productive lives as members of the community. We accomplish our mission by providing accurate information, empathetic peer support, valuable training and effective advocacy based on the concept of parents helping parents.

Phone: (800) 468-1160 *Address:* 230 West 200 South, SLC, UT 84101 www.utahparentcenter.org

Family Healthcare: Provides accessible, quality health care regardless of financial, language and cultural barriers. FHC offers: Adult and Senior care, adolescent care, child/pediatric care/immunizations, prenatal and postnatal care, sports physicals, prescription assistance resources, phlebotomy/laboratory service, acute and chronic illness education and management, cancer screening, home visits with a community health worker, integrated behavioral health, smoking cessation, treatment for substance abuse disorder, Hepatitis C screening and treatment, STD testing and treatment. *Phone* (435)986-2565 *Address:* 25 N. 100 E. Suite 102 St. George, Utah 84770 www.familyhc.org

St. George Housing Authority: assists low-income families with safe, decent and affordable housing opportunities. Public housing, low income housing, section 8. *Phone:* (435) 628-3648 *Address:* 975 N. 1725 W. #101 (Dixie Sun Manor) St. George, Utah 84770
<http://www.stgeorgehousingauthority.org/index.html>

Switchpoint: Beyond food and shelter, Switchpoint Community Resource Center is a stepping stone to independence for individuals experiencing homelessness. *Phone:* (435) 628-9310 *Address:* 948 N 1300 W, St. George, UT 84770 <https://switchpointcrc.org>

Youth Futures: Provides safe shelter, collaborative resources, respectful guidance and diverse support to homeless, unaccompanied, runaway and at-risk youth in Northern and Southern Utah. *Phone:* 435-339-0787 *Address:* 340 East Tabernacle Street St. George, UT www.youthfuturesutah.org

DOVE Center: Domestic Violence and Sexual Assault Shelter for men, women, and children. DOVE center also provides outreach, counseling, support groups, and case management. *Phone:* (435) 628-1204 Help Line: (435) 628-0458 *Address:* 1240 E. 100 S. Bldg. 22 Ste. 221 St. George, Utah 84790
www.dovecenter.org

Solomon's Porch: Provides emergency supplemental food boxes and hot meals to those in need. Those interested in receiving food assistance should arrive promptly by 3pm. *Phone:*(435)669-9070 1495 South Blackridge Drive St. George Utah 84770 www.porchfoursquare.com

Bishops Storehouse: The storehouse is filled with commodities provided by fast offerings and other generous donations from members. Food and supplies from the bishops' storehouse can also be sent to those affected by natural disasters, wars, or economic crises at a moment's notice. To utilize services, you will need to contact and make an appointment with your LDS bishop. *Phone:* (435)673-3491
<https://providentliving.churchofjesuschrist.org/bishops-storehouse?lang=eng>

Five County Association of Governments: an association of local governments from the five southwestern counties of the State of Utah (Beaver, Garfield, Iron, Kane, and Washington). Programs include: Administration, aging services, childcare resources, community development, human services, metro planning, volunteers, and weatherization. *Phone:* (435)628-3548 *Address:* 1070 W. 1600 S. St. George, Utah 84770 www.fcaog.state.ut.us

Salvation Army: Services include emergency fuel, emergency transportation, emergency rental assistance, food boxes, campers food box, weekly bread and pastries. *Phone:* (435)275-4975 803 S. Bluff Street St. George, Utah 84770 https://stgeorge.salvationarmy.org/st_george_service_unit/

Blue Butterfly House: Provides a safe facility for children to have a neutral location for court-ordered supervised visits with parents or other loved ones. BBH may also be used for grandparent respite, grandparent support groups and other community service needs in Southern Utah. BBH also provides a safe and non-judgmental environment for children and parents to have parent time exchanges. *Phone:*(435)222-9525 <https://www.bluebutterflyhouse.org/>

Free 2 Feed: Lactation support and education. Parenting support group that educates, encourages and supports the Mom. *Phone:* (435)773-3848 www.soundstarteducation.com

Washington County Children's Justice Center: The Washington County Children's Justice Center is a homelike, child-friendly facility where children who have been victims of abuse or other crimes can begin the road to healing. We work with our multidisciplinary partners to protect each child, advance justice, promote healing, and educate our community. *Phone:* (435) 634-1134 *Address:* 463 E 500 S, St. George, UT 84770 <https://cjcwc.com/>

Youth Crisis Center: They serve ages 12 to 18 years old. They work hand in hand with law enforcement. *Phone:* 435-627-2800 It will send you to the Juvenile Detention Center. Ask to be transferred to the youth crisis center.

Big Brother Big Sister: To create and support one-to-one mentoring relationships that ignite the power and promise of youth. 435-986-9776 <https://bbbsu.org/>