



SMART STEPS:

STRENGTHENING FAMILIES FOR GENERATIONS TO COME

This is an online course that focuses on stepfamily relationships. You'll meet weekly for two hours and learn about these topics:

- Stepfamily strengths
- Communication and expectations
- Child development and parenting tools
- Strengthening the couple relationship
- Communication between households
- Self-care and stress

SEE CLASS DATES AT



Registration required to receive course materials.

Questions? Contact

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Register here:

